

## Lifehacker Upgrade Your Life Gina Trapani

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### *Lifehacker Upgrade Your Life Gina*

That kind of heat—the unprecedented, scorching, alien-feeling 115-degree kind of heat—isn't the kind of heat that makes you want to drink cocktails in a beach chair, but now that the “normal” heat is ...

### *Beat the Heat by Making a Strawberry Cachaça Cooler*

Adopt a few good pizza grilling habits now, and you will be rewarded with beautiful grilled pizzas for years to come. I like to take my dough—which, I will be honest, is usually store-bought—out of ...

### *You Should Grill Homemade Pizzas*

It sucks now, especially if you' re in a job you hate or in a financial crunch, but hope is n' t entirely lost. Here's some advice from people who've been there—as the rejected and the rejecter. It's ...

### *How to Bounce Back After a Job Rejection and Land the Right Job*

Our guest on The Upgrade this week is journalist Christopher Cox, who as a former chief editor of Harper's Magazine and former executive editor at GQ, knows a thing or two about managing deadlines. In ...

### *How to Never Miss a Deadline, With Journalist Christopher Cox*

After a lost year in the pandemic, you might be feeling like time is slipping through your fingers. Here's how to stop it.

### *How to Make Time Slow Down*

Taking on adult responsibilities is hard, but making adult decisions is even harder. Fortunately, Julie Lythcott-Haims is here to help.

### *How to Be an Adult, With Julie Lythcott-Haims*

Running injuries are common. So common, in fact, that an estimated 50 percent of runners get injured every year, with some experts thinking the actual number may be even higher than that. Common ...

### *How to Take a Holistic Approach to Preventing Running Injuries*

Subscribe to our newsletter! Upgrade your life, one email at a time. Beth, Lifehacker's senior health editor, has over 10 years' experience as a science journalist and is the author of two books.

### *Your Guide to the Four New Sports in the 2021 Olympics*

Read on to learn what refurbished smartphones are, what you need to know before buying a refurbished iPhone or Android smartphone, and the trusted sources to purchase from. Although there's no ...

### *The Do's and Don'ts of Buying a Refurbished Smartphone*

Subscribe to our newsletter! Upgrade your life, one email at a time. Dr. Elizabeth Yuko is a bioethicist and adjunct professor of ethics at Fordham University. She has written for The New York ...

### *How to Spot a Rotting Tree Before the Next Storm*

Video games offer a wide range of genres and gameplay styles, and there's probably a game out there for everyone. But despite the variety of experiences, jumping into console or PC gaming can be ...

### *10 Video Games for Newbies Who Always Wanted to Become Gamers*

They'll help you track your progress. But don't expect them to be the same on another machine across town. Beth, Lifehacker's senior health editor, has over 10 years' experience as a science ...

### *Why You Shouldn't Trust the Numbers on Weight Machines*

Subscribe to our newsletter! Upgrade your life, one email at a time. For example, you can add the trademark symbol (™) next to Phrase and make tm the Shortcut. This way, whenever you type tm on ...

### *How to Access the Hidden Symbols on Your iPhone's Keyboard*

Subscribe to our newsletter! Upgrade your life, one email at a time. Sam writes about work, productivity, relationships and everything in between. His work is featured in GQ, Rolling Stone ...

*How Movies Can Keep Your Dog From Panicking About Fireworks*

So get out your LEGOs, take a photo, and start building. Subscribe to our newsletter! Upgrade your life, one email at a time. Rachel Fairbank is a freelance science writer based in Texas.

*Scan Your LEGO With This App to Figure Out What to Build*

I have never been and never will be “above” eating a frozen pizza (once cooked, obviously). They are convenient. They are tasty. They are customizable. But cooking them has a way of heating up ...

*You Can Grill a Frozen Pizza*

You might be one of those workers reckoning with what you want from work, and while it might be easy to get lost in the romance of closing the door on a chapter of your professional life ...

A new edition, packed with even more clever tricks and methods that make everyday life easier Lifehackers redefine personal productivity with creative and clever methods for making life easier and more enjoyable. This new edition of a perennial bestseller boasts new and exciting tips, tricks, and methods that strike a perfect balance between current technology and common sense solutions for getting things done. Exploring the many ways technology has changed since the previous edition, this new edition has been updated to reflect the latest and greatest in technological and personal productivity. The new "hacks" run the gamut of working with the latest Windows and Mac operating systems for both Windows and Apple, getting more done with smartphones and their operating systems, and dealing with the evolution of the web. Even the most tried-and-true hacks have been updated to reflect the contemporary tech world and the tools it provides us. Technology is supposed to make our lives easier by helping us work more efficiently. Lifehacker: The Guide to Working Smarter, Faster, and Better, Third Edition is your guide to making that happen!

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Redefine your personal productivity by tweaking, modding, mashing up, and repurposing Web apps, desktop software, and common everyday objects. The 88 "life hacks" -- clever shortcuts and lesser-known, faster ways to complete a task -- in this book are some of the best in Lifehacker.com's online archive. Every chapter describes an overarching lifehacker principle, then segues into several concrete applications. Each hack includes a step-by-step how-to for setting up and using the solution with cross-platform software, detailed screen shots, and sidebars with additional tips. Order your copy today and increase your productivity!

In an effort to keep up with a world of too much, life hackers sometimes risk going too far. Life hackers track and analyze the food they eat, the hours they sleep, the money they spend, and how they're feeling on any given day. They share tips on the most efficient ways to tie shoelaces and load the dishwasher; they employ a tomato-shaped kitchen timer as a time-management tool. They see everything as a system composed of parts that can be decomposed and recomposed, with algorithmic rules that can be understood, optimized, and subverted. In *Hacking Life*, Joseph Reagle examines these attempts to systematize living and finds that they are the latest in a long series of self-improvement methods. Life hacking, he writes, is self-help for the digital age's creative class. Reagle chronicles the history of life hacking, from Benjamin Franklin's *Poor Richard's Almanack* through Stephen Covey's *7 Habits of Highly Effective People* and Timothy Ferriss's *The 4-Hour Workweek*. He describes personal outsourcing, polyphasic sleep, the quantified self movement, and hacks for pickup artists. Life hacks can be useful, useless, and sometimes harmful (for example, if you treat others as cogs in your machine). Life hacks have strengths and weaknesses, which are sometimes like two sides of a coin: being efficient is not the same thing as being effective; being precious about minimalism does not mean you are living life unfettered; and compulsively checking your vital signs is its own sort of illness. With *Hacking Life*, Reagle sheds light on a question even non-hackers ponder: what does it mean to live a good life in the new millennium?

There's a revolution brewing across the nation--a movement that's changing lives and revealing little known paths to passion and prosperity. It's about building a great living around what you love to do most. Once you've been touched by it, you'll never be the same. This book is your way in, your admission ticket to the world of the career renegade. Jonathan Fields, mega-firm lawyer turned successful lifestyle entrepreneur, blogger and writer shows you how to turn your passion--whether it's cooking or copy-writing, teaching or playing video games--into a better payday and a richly satisfying life. \* Discover the 7 career renegade paths to prosperity \* Tap technology to turn a seemingly moneyless passion into a goldmine \* Rapidly test and tune your idea for free, from the comfort of your couch \* Establish yourself as an authority in a new field with little or no investment \* Cultivate the mission-driven, action-oriented career renegade mindset \* Rally others to your cause, and convince them you're not nuts Join the movement now...and take back your livelihood and life!

This is a softcover version of the title released in 2011; there is no new material. The modern human animal spends upwards of 11 hours out of every 24 in a state of constant consumption. Not eating, but gorging on information ceaselessly spewed from the screens and speakers we hold dear. Just as we have grown morbidly obese on sugar, fat, and flour--so, too, have we become gluttons for texts, instant

messages, emails, RSS feeds, downloads, videos, status updates, and tweets. We're all battling a storm of distractions, buffeted with notifications and tempted by tasty tidbits of information. And just as too much junk food can lead to obesity, too much junk information can lead to cluelessness. The Information Diet shows you how to thrive in this information glut—what to look for, what to avoid, and how to be selective. In the process, author Clay Johnson explains the role information has played throughout history, and why following his prescribed diet is essential for everyone who strives to be smart, productive, and sane. In *The Information Diet*, you will: Discover why eminent scholars are worried about our state of attention and general intelligence Examine how today's media—Big Info—give us exactly what we want: content that confirms our beliefs Learn to take steps to develop data literacy, attention fitness, and a healthy sense of humor Become engaged in the economics of information by learning how to reward good information providers Just like a normal, healthy food diet, *The Information Diet* is not about consuming less—it's about finding a healthy balance that works for you

A behind-the-scenes look at the firm behind WordPress.com and the unique work culture that contributes to its phenomenal success 50 million websites, or twenty percent of the entire web, use WordPress software. The force behind WordPress.com is a convention-defying company called Automattic, Inc., whose 120 employees work from anywhere in the world they wish, barely use email, and launch improvements to their products dozens of times a day. With a fraction of the resources of Google, Amazon, or Facebook, they have a similar impact on the future of the Internet. How is this possible? What's different about how they work, and what can other companies learn from their methods? To find out, former Microsoft veteran Scott Berkun worked as a manager at WordPress.com, leading a team of young programmers developing new ideas. *The Year Without Pants* shares the secrets of WordPress.com's phenomenal success from the inside. Berkun's story reveals insights on creativity, productivity, and leadership from the kind of workplace that might be in everyone's future. Offers a fast-paced and entertaining insider's account of how an amazing, powerful organization achieves impressive results Includes vital lessons about work culture and managing creativity Written by author and popular blogger Scott Berkun ([scottberkun.com](http://scottberkun.com)) *The Year Without Pants* shares what every organization can learn from the world-changing ideas for the future of work at the heart of Automattic's success.

Blogging and other types of social media such as wikis and social networking sites have transformed the way we use the internet in recent years. It is a transformation that business is eager to exploit. In order to do so, a clear commercial strategy needs to be established; does your organization wish to use the media actively as a business tool, or do you need to respond to the use of social media by others? *Blogging and Other Social Media* will address this question with practical guidance on using social media as well as the risks associated with it. A collaboration by leading thinkers and business users of social media, the book contains detailed and practical advice on the various forms of social media - their applications, advantages and disadvantages, how these technologies are evolving, and whether or not their use will benefit your business. The section covering social media and the law explains the risks and remedies related to abuse of copyright, defamation, privacy, data protection and user contracts as well as the opportunities and threats for online reputation. If you are looking to encourage your employees but want to protect your business from the threats this emerging media presents, get a copy of this practical guide and study it before you start including social media as part of your corporate marketing or communications strategy.

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