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What the Shape of Your Lips Says About You

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Chinese Face Reading Level 1- By White Lotus | Udemy

Chinese physiognomy or face reading (mianxiang) reaches back at least to the Northern Song period. The first indications of a developed physiognomic theory appear in fifth century BC Athens , with the works of Zopyrus (who was featured in a dialogue by Phaedo of Elis), who was said to be an expert in the art.

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In a previous article, we discussed the notion of health and illness in Traditional Chinese Medicine (TCM). According to TCM, illness arises as a result of specific yin-yang imbalances of the Functional Entities.. The functional entities are: The Five Fundamental Substances: Qi, Xue (Blood), Jinye (Body Fluids), Jing (Essence), and Shen (Spirit).; Zang-fu: A Wu Xing cycle of 5 zang organs, 6 ...

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Brendan Smith, founder of the Sydney acupuncture clinic Village Remedies, said from a Chinese medicine perspective, different areas of the face are believed to be linked to different organs. "The...

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