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information in this book; but there's also some very unnecessary, biased, racial supremacy talk that's difficult to overlook.

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wellness.

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does not deny the need for Allopathic Medicine (Drugs and Surgery) In Certain Cases.

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book " Afrikan  
Holistic Health" by  
Dr. Llaila Afrika &  
his 6-Week Holistic  
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Training course,  
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of yourself, and  
others.

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divination, and  
spiritualism often  
combine in

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most varied  
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in the world. This  
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system has many  
practitioners and  
followers and  
despite its decline  
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time, traditional  
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the wake of the World Trade Center tragedy on Sept. 11, 2001. Gaia means Mother Earth in Greek. Holistic is derived from a Greek word 'holos', which is the origin of words such as 'heal', 'health', 'holy', 'whole' etc.



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